

ASAP – "A Safety Awareness Program"

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DOCUMENT CONTROL

Change Record

Date	Author	Version	Change Reference
27-DEC-2019	Mike Nagle	1.0	Initial 2020 ASAP Creation
15-JUN-2021	Mike Nagle	2.0	Update after Vermont COVID Guidelines Released
12-DEC-2021	Mike Nagle	3.0	Updated for 2022 season.
11-JAN-2022	Johanna Palmer	3.1	Updated for 2022 season.

Reviewer

Name	Position
Mike Nagle	President
Charlie Goodman	Vice Prseident of Operations
Johanna Palmer	Safety Officer
Seth Cohen	Player Agent

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ASAP - A Safety Awareness Program

Overview

Introduced in 1995 and long the pacesetter in youth sports safety, Little League has taken the lead with the development of ASAP (A Safety Awareness Program). With the help of corporate sponsors, Musco Lighting and AIG Insurance, ASAP has increased overall safety awareness, reduced injuries by 80% and lowered insurance costs for participating leagues.

Mad River Valley Little League has created this Safety Awareness Program Manual to memorialize our long standing commitment to the safety of our youth.

Used in conjunction with the Little League Rule Book, Local Option Rules, the Play it Safe book, Protecting Young Pitchers Arms guide, and training for managers, coaches and other volunteers, this manual is part of the overall safety plan for our league.

It is the responsibility of all Board Members, Coaches and Volunteers to insure this manual is understood and used on a daily base to insure our safe environment for our community as we enjoy the games of baseball and softball.

Along with all other aspects of the game, Safety is a Team Sport!

Mission

Provide a safe an enjoyable Little League environment for all Coaches, Players, Spectators and Board Members that allows our children to grow to love the game and build life long friendships!

Review and Distribution

Mad River Valley Little League board is committed to reviewing and enhancing our Safety Plan on an annual basis. The document will be issued to following candidate prior to beginning of each season.

- All Board Members In Person Review and Training
- All Team Managers In Person Review and Training
- All Team Coaches Electronic Delivery
- All Umpires Electronic Delivery
- All Volunteers Electronic Delivery
- All Parents Emailed Link to Website

ASAP – Program Requirements

#1 – Safety Officer

The Mad River Valley Safety Officer is an appointed position by the President of the Board. The position is responsible for the creation, annual miantenance and enforcement of the league Safety Awareness Program.

Saftey Officer Name	Johanna Palmer
Safety Officer Cell	607-437-8293
Safety Officer Email	jopalmer20@gmail.com

Board Members	Position	Email	Cell Phone
Mike Nagle	President, Director of Softball	mikenagle23@comcast.net	802-505-5205
Charlie Goodman	Vice President of Operations	ceg4@goodmanconstructionvt.com	802-522-8606
Kara Revoir	Secretary	kara.revoir@gmail.com	
Catrina Brackett	Treasurer	catrinabrackett@icloud.com	
Johanna Palmer	Safety Officer	jopalmer20@gmail.com	607-437-8293
Seth Cohen	Player Agent	joeyzaza99@hotmail.com	802-917-1241
Macon Phillips	Registrar, Director of T-Ball	macon.phillips@gmail.com	
John Lacey	Director of Baseball	attorneylacey@gmail.com	617-719-1436
Samantha Noone	Fundraising, Concessions	samantha.seymour.noone@gmail.com	
Marissa Wilich	Softball Coach, Fundraising	mdwilich@gmail.com	
Natalie Vasseur	Raffle Prizes	natalievolpini@yahoo.com	802-371-7248

#2 – Plan Distribution

A successful security plan is only worthwhile if the plan is communicated effectively to all key resources. The Mad River Valley Little League is committed to a transparent organization that communicates with all league participants and actively seeks feedback to improve the safety of our organization.

The league will take a top down approach with communication and management of all Safety Protocols of the league ASAP. The Safety Officer is responsible for timely and effectice communcation according to the following guidelines.

Board Members

All Board Members will be responsible for reviewing the ASAP on an annual basis. They will help provide guidance and feedback to the League Safety Officer to improve our overall Safety. Each year at the end of the season, the Board will conduct a Security Assessment to review the efffectiveness of our ASAP. Adjustments will be made to ASAP for review and submission for the following season.

At beginning of each season each Board Member will receive a printed copy of the current season plan. The league Safety Officer will review the season's ASAP prior to opening Registration in January.

All Team Managers

At the beginning of each season, all Team Managers will receive a printed copy of the ASAP at the annual coaches training meeting. The Saftey Officer will review the document and outline the responsibilities of each Team Manager as the front line support for our league's safety plan. During the meeting, all team managers will receive Little League Coaching advice from the Directors of the respective divisions, as well as general First Aid/Safety training.

All Team Coaches

All team coaches will receive an electronic copy of the ASAP via email from the league safety officer at the beginning of each season. Team Coaches are responsible for reviewing and discussing any questions with their Team Manager or League Safety Officer

All Team Umpires

All umpires will receive an electronic copy of the ASAP via email from the league safety officer at the beginning of each season. The league safety officer will draw attention specifically to the umpires' responsibility with regards to the Field Survey prior to each game.

All Volunteers

All volunteers will receive an electronic copy of the ASAP via email and a link to the league website at the beginning of each year.

All Parents

All Parents will receive an email at the beginning of the season with a link to the league website at the beginning of each year, which will highlight the following documents:

- ASAP
- Parent and Player Code of Conduct

#3 – Emergency Plan

Mad River Valley Little League will post all emergency contact information in each dugout, score booth, shed and snack shack within our facility.

Emergency Contact Sheets should be reviewed an updated each year to reflect the following:

- 1) Always call 911 first
- 2) Emergency Contact Sheet should have Field Number and Field Address to be quickly provided to a 911 dispatcher.
- 3) League Officials Contact information should be included on the Emergency Plan
- 4) Basic First Aid guidelines and Concussion protocol should be provided
- 5) Local Hospital Addresses and Phone Numbers
- 6) Fire Departments and First Aid Contact information
- 7) First aid stations should be detailed on a facility map so responders know where they can find a medical kit.

In addition, all League Emergency Contact information will be available through the league's Website.

#4 – Volunteer Application

Child Safety is of the utmost concern for the Mad River Valley Little League. Little League organizations such as Mad River Valley Little League are operated by a volunteer board of directors and local community volunteers. Although we are a small community and know most volunteers very closely, we still must ensure the protection of our children from abusive people and sexual predators.

Therefore, Little League and Mad River Valley Little League will require that all volunteers complete a Volunteer Application and be subjected to a background check before they are granted permission to work within our league.

The process is simple and 100% online and Mad River Little League will enforce 100% compliance with no exceptions. Volunteers are required to submit a background check process on an annual basis.

	Little League Do not use forms from po		eer Applico			
This volunteer application should only be used or an outside background check provider that THIS FORM SHOULD NOT BE COMPLETED IF A <u>LittleLeague.org/localBGcheck</u> for more info A COPY OF VALID GOVERNMENT ISSUED PHO	meets the standards of Little Leagu LEAGUE IS UTILIZING THE JDP QU rmation.	ue Regulations 1(c)9. ICKAPP. Visit	Disciplinary Database or U If yes, explain:	SA Baseball Ineligible List?		sted on the SafeSport Centralized Yes No Itel League Security Manager.)
COMPLETE THIS APPLICATION.	<u></u>		In which of the following w	ould you like to participate	(Check one or more.)	
All RED fields are required.			League Official	Umpire	Manager	Concession Stand
Name		Date		Field Maintenance	Scorekeeper	Other
First Middle Nan Address	ne or Initial Last		_			
			Please list three references, or youth program:	at least one of which has kn	owledge of your particip	ation as a volunteer in a
City	StateZip _		Name/Phone			
Social Security # (mandatory) Cell Phone						
Home Phone:	E-mail Address:					
Date of Birth						ASE ATTACH A COPY OF THAT STATE'S BSITE: LittleLeague.org/BaStateLaws
Occupation						tion to conduct background check(s) or
Employer						eview of sex offender registries (some a may not be me), child abuse and crimina
Address			history records. I understand that	, if appointed, my position is con-	ditional upon the league rece	riving no inappropriate information on m Little League Baseball, Incorporated, the
Special professional training, skills, hobbies:			officers, employees and volunte	ers thereof, or any other person	or organization that may pro	ovide such information. I also understand unteer position. If appointed, I understand
Community affiliations (Clubs, Service Organizations, etc.):			that, prior to the expiration of my	rterm, I am subject to suspensio		val by the Board of Directors for violation
Previous volunteer experience (including baseball/softball a			of Little League policies or princ	iples.		
rrevious volunieer experience (including basebail/ somball a	ina year):		Applicant Signature			Date
 Do you have children in the program? 		Yes No	If Minor/Parent Signature			Date
If yes, list full name and what level?			Applicant Name (please pri	int or type)		
2. Special Certification (CPR, Medical, etc.)? If yes, I	list:	Yes No	NOTE: The local Little League a	nd Little League Baseball, Incor	porated will not discriminate	against any person on the basis of rac
3. Do you have a valid driver's license?		Yes No	creed, color, national origin, mo	arital status, gender, sexual oner	tation or disability.	
Driver's License#:	State				GUE USE ONLY:	
 Have you ever been charged with, convicted of, p minor, or of a sexual nature? 	elead no contest, or guilty to any crime(s	s) involving or against a	, v	npleted by league officer		on
If yes, describe each in full:		Yes No		kground check (minimum of ue Regulation 1 (c)(9) for a		quirements
(If volunteer answered yes to Question 4, the la			JDP (Includes rev	view of the SafeSport Centra	lized Disciplinary and U	ISA Baseball Ineligible List)*
5. Have you ever been convicted of or plead no cont	_{test or guilty to any crim} Saved to	o this PC 🗤			OR	
If yes, describe each in full: (Answering yes to Question 5, does not autom	atically disqualify you as a volunteer.)		 National Crimin National Sex Of 		SafeSport Centralized USA Baseball Ineligible	Disciplinary Database and/or e List Sex Offender
6. Do you have any criminal charges pending against y If yes, describe each in full: (Answering yes to Question 6, does not autom		Yes No	* Please be advised that if yo	wuse IDP and there is a name mat	ch in the few states where only i nail directly from JDP in compl ated with the name, which may	name match searches can be performed liance with the Fair Credit Reporting Act y not necessarily be the league volunteer.
presenting years decenter of does for dolone	and and any too as a consider.)					I convictions of this application.

ast Updated: 10/28/2020

#5 - Training

Mad River Valley Little League is an instructional recreational league which provides a fun learning environment for our youth to learn the fundamentals of Baseball and Softball. Our coaches are all volunteers and may or may not have personal experience with the game.

The goal of our organization is to begin the process of sound fundamentals starting at T-Ball, ensuring all little league rules are understood, and that basic skills have been mastered by a child's final year of Majors.

All Team Manager and coaches will be provided with basic Fundamental training by the Division Directors on an annual basis geared for each level of play. The goal of the program is to ensure a consistant message and a player development program is provided. The training will cover division-related guidance on the following topics:

- General Team and Player Safety
- Importance of Stretching
- Positions
- Batting Techniques
- Fielding, Catching and Throwing Techniques
- Pitching Techniques
- Game Strategy and Situation Awareness
- General Guidance for Positive player experience

#6 – First Aid Training

Mad River Valley Little League will provide all Team Managers and Board Members with basic First Aid awareness training. Training will be provided by local Volunteers from our town rescue squad. The training is required annually by all Team Managers and recommended for any league coaches and umpires.

The First Aid training will be provided annually at the annual coaches meeting prior to equipment being distributed to the team.

#7 – Field Conditions

At the beginning of each season, the League Safety Officer and Director of Field Maintenance will perform a thorough inspection of the entire facility. Any identified concerns will be rectified prior to approving the season practice schedule to begin.

In addition, League-provided umpires will inspect each field prior to the start of each game to ensure a safe playing environment. Any issues discovered must be resolved prior to players taking the field.

Ongoing weekly inspections by the safety officer will help prevent gameday delays.

#8 – Facility Survey

Mad River Valley Little League conducts a formal Facility Survey that is updated on an annual basis and submitted to the Little League Headquarters along with this Safety Plan. You may contact the league Safety Officer or other league officials for a copy or access if necessary.

#9 - Concession Stand Saftey

Mad River Valley Little League operates a basic concession stand which is located near the National Field. This concession stand (referred to as the "Snack Shack") consists primarily of pre-packaged food, drinks, and snacks. There is also a small outdoor grill that is used for preparation of hot dogs.

The Snack Shack is operated by parent volunteers. All Volunteers working in the snack shack will be provided a list of Opening and Closing procedures and general saftey operating procedures will be posted on the inside wall of the Snack Shack.

A copy of the Saftey Operating Procedures have been included in the appendix.

#10 – Equipment Check

Mad River Valley Little League regularly checks and maintains all league-provided equipment to ensure it meets Little League safety standards and equipment regulations.

- Equipment must be inspected by the President and Safety Officer at the beginning of each season. Old equipment will be properly discarded.
- Team Managers are responsible for inspecting equipment throughout the season. If there is any equipment that fails inspection, the coach will pull from the equipment bag and return to President for replacement.
- Umpires are required to inspect equipment prior to each game. Inspect for quality and Little League Regulations.

#11 – Accident Reporting

An incident that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/or first aid must be reported to the league <u>Safety Officer within 24 hours of the incident.</u>

- Saftey Officer is responsible for completing the Incident Report that has been included in the Appendix.
- Within 2 days following the incident, the Safety Officer will contact the injured party or the party's parents and:
 - 1. Verify the information received;
 - 2. Obtain any other information deemed necessary;
 - 3. Check on the status of the injured party; and,

- 4. In the event that the injured party required other medical treatment (i.e., Emergency Room visit, doctor's visit, etc.) will advise the parent or guardian of the Mad River Valley Little League's insurance coverages and the provisions for submitting any claims.
- If the extent of the injuries is more than minor in nature, the Safety Officer shall periodically call the injured party to:
 - 1. Check on the status of any injuries; and,
 - 2. Determine if any other assistance is necessary in areas such as submission of insurance forms, etc.
- The Safety Officer will continue this process until such time as the incident is considered "closed" (i.e., no further claims are expected and/or the individual is participating in the league again). An Accident Notification Form will be generated and sent to Little League Headquarters in Williamsport (Attention: Dan Kirby, Risk Management Department) and reported to the District Safety Officer when required.

#12 – First Aid Kits

A First-Aid Kit is required to be on hand for every game and practice. Harvard Little League supplies each team a First-Aid Kit with the team's equipment bag. In addition, First-Aid Kits and first aid supplies are located in the concession stand and in the equipment shed for use as needed. If supplies are depleted during the season, contact the Safety Officer or a league official for replacements.

#13 – Enforce Little League Rules

Board Memebers, Coaches and Umpires are all responsible to follow the Official Little League Rules and Equipment regulations. A copy of the latest little league rule book will be included in each team equipment bag.

Coaches should make sure they understand the rules for their dvisions. Coaches will also be made aware of any local rules that may be in effect for the season.

Coaches must be sure to strictly follow the guidelines for Pitcher and Catcher rest days. These rules are written to prevent long term injury to our athletes.

Addittional Information is also available online at: http://www.littleleague.org/learn/rules.htm

Little League now offers a Rules App that can be dowloaded to a Smart Phone. The applications does have a one time cost of \$1.99. Mad River Valley Little League will reimburse all coaches and team managers for this application.

https://www.littleleague.org/playing-rules/little-league-rulebook-app/

#14 – Player/Coach Data

All Mad River Valley Little League Player, Coach and Volunteer information will be added to the Little League Data Center according to Little League requirements. This will be completed upon closure of Registration period and team selections.

Coaches should maintain basic statistics on their players throughout the season for the Minors and Majors divisions. Stats should include:

- Batting Averages
- Strike Outs
- Pitch Counts
- Fielding Errors

Statistics will be used to support All Star team tryouts and selection at the end of the season.

ASAP – Appendix

Document - Emergency Contact Sheet

This document will be printed, laminated and attached to all Dugouts, Score Booths and Snack Shacks

MAD RIVER VALLEY LITTLE LEAGUE Emergency Plan Procedures

Step # 1 - CALL 911

Your Location: Couples Field

Couples Field 4789 Main Street Waitsfield, VT 05673

Field Name:

Step # 2 – Apply First Aid

First Aid Kits are in Snack Shack & Score Booth

Step # 3 – Notify Board Member

Board Members	v	MRVLL 2021	_	Email	Ŧ	Cell Phone	v
Mike Nagle		President, Safety Officer, Director of Sof	tba	mikenagle23@comcast.net		802-505-5205	_
Charlie Goodman		Vice President of Operations		ceg4@goodmanconstructionvt.com		802-522-8606	
John Lacey		Secretary, Director of Baseball		attorneylacey@gmail.com		617-719-1436	_
Natalie Vasseur		Treasurer/Registration/Raffle prizes		natalievolpini@yahoo.com		802-371-7248	
Seth Cohen		Player Agent, Field Coordinator		joeyzaza99@hotmail.com		802-917-1241	
Sam Noone		Fundraising, Concession Operations		samantha.seymour.noone@gmail.com			
Macon Phillips		T-Ball Operations		macon.phillips@gmail.com			

NEEDS UPDATING

Document – Snack Shack Health Procedures

This document will be printed, laminated and visibly posted in the Snack Shack



Document – Snack Shack Hand Washing Guide

This document will be printed, laminated and visibly posted in the Snack Shack



Document – Safety Incident Report

This document will be printed and included in the coahces packet along with Medical Release forms. Additional Copies will be available in the Snack Shack.

	11111111111111			Incident/Injur	
League Name:		Leagu	ie ID:	Incide	ent Date:
Field Name/Location	e			Incide	ent Time:
Injured Person's Nar	me:			Date of Birth:	
Address:				Age: \$	Sex: 🗆 Male 🗖 Female
City:	St	ateZI	P:	Home Phone: ()
Parent's Name (If Pl	ayer):			Work Phone:	()
Parents' Address (If	Different):			City	
-	while participating in:				
A.) 🗖 Baseball		Challenger	TAD		
B.) 🗖 Challenger	T-Ball	Minor	Major	🗖 Interme	diate (50/70)
I Junior	Senior	Big League			
C.) 🔲 Tryout	Practice	🗖 Game	Tournam	ent 🔲 Specia	l Event
Travel to	Travel from	Other (Describ	e):		
Position/Role of pe	rson(s) involved in ir	ncident:			
D.) 🗖 Batter	Baserunner	Pitcher	Catcher	🗖 First Ba	ase 🔲 Second
Third	Short Stop	Left Field	Center F	ield 🛛 🗖 Right F	ield 🛛 Dugout
Umpire	Coach/Manager	Spectator	Voluntee	r 🗖 Other:	
Type of injury:					
Was first aid requir	red? 🛛 Yes 🗖 No If y	es, what:			
	nedical treatment req				
		ictive medical rel	ease prior to	to being allowed i	n a game or practice.)
Type of incident an	d location:				
A.) On Primary Playi	-			nt to Playing Field	
Base Path:	Running or Slid	-		ing Area	Travel:
Hit by Ball:		own <i>or</i> 🗖 Batted	Parking Area		Car or Bike or
Collinian with:	-	iciure	C.) Conces	sion Area nteer Worker	Walking
Collision with:	.et			neer worker	League Activity
Grounds Defe			Curt.	omor/Bustander	Clother
Grounds Defe Other:				omer/Bystander	Other.
Grounds Defe Other:		ent:			Other:
Grounds Defe	description of incide				
Grounds Defe Other. Please give a short Could this accident	t description of incide	? How:			
Grounds Defe Other: Please give a short Could this accident This form is for local Little	t description of incide t have been avoided? = League use only (should n	P How:	ague Internation	nal). This document s	hould be used to evaluate
Grounds Defe Other: Please give a short Could this accidem This form is for local Little potential safety hazards, obtain as much informati	t description of incide t have been avoided? t League use only (should n unsafe practices and/or to (ion as possible. For all Accid	P How: ot be sent to Little Le contribute positive id lent claims or injuries	ague Internation eas in order to i that could becc	nal). This document s mprove league safety ome claims to any elig	hould be used to evaluate When an accident occurs, ible participant under the A
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